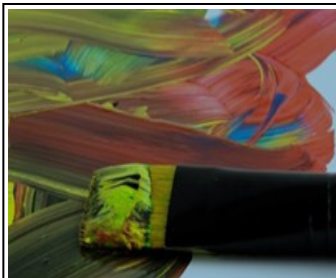
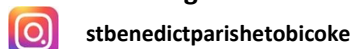


Our parish weekly bulletin continues to be available digitally on our parish website: www.stbenedicts.ca

WEEKLY BULLETIN

Follow us on Facebook & Instagram



Manresa Jesuit Spiritual
Renewal Centre
2325 Liverpool Road, Pickering, ON
L1X 1V4
manresa-canada.ca 905-839-2864



Day of Reflection for Women
Saturday March 8
9:30 am—4:00 pm

**Who You Are is How you Relate and Pray:
Discover and Embrace the Gifts of your Temperament**

Ever wonder why you think, feel, act, and react the way you do?
“Within the Catholic tradition, temperament is defined as the pattern of inclinations and reactions that proceed from the physiological constitution of the individual.” (Aumann, Spiritual Theology) We all have a nature that comes with some innate habits of thinking, feeling, speaking, and behaving. This is defined by our temperaments. Understanding your temperament can help you communicate and connect better, improve your health and prayer life, and allow you to show up as your best self by creating the conditions you need to thrive.

Join us for this interactive and reflective workshop, where you will learn the basics about temperaments, gain insights on your primary and secondary temperament, plus common contributions, weaknesses, triggers, ideal conditions, and motivators of each temperament, and create a plan to make space for and claim your natural God-given gifts so you can aim them towards your greatest fulfillment and potential. Step away from the hustle of daily life, be inspired, nourished and encouraged, and connect with other women of faith as you reflect on who you are and your unique design.

Veronica Ljubicic is a Salesian Cooperator and certified Catholic Life Coach trained through Metanoia Catholic. She guides women through workshops, retreats, group, and one-on-one coaching where she helps them discern and develop their gifts, grow in resilience by optimizing their internal and external environments, and customize strategies that support them through work-life transitions. Veronica's background is in Communications, Marketing and Business. She resides in Toronto and offers her services through Boutique Coaching Connections.



To participate fully and to get the most out of this experience, please take this free temperaments quiz:
<https://www.temperamentquiz.com>
and bring the results to the day of retreat.

Suggested Offering: \$65.00 per person
Includes lunch and coffee/tea break on arrival

For more information and to register, contact Veronica:
boutiquecoachingconnections@gmail.com

COME & SEE

DISCERNMENT DAY RETREAT
FOR MEN IN GRADES 11 & 12



Register now!



On March 29, we are offering a Discernment Day Retreat at St. Augustine's Seminary for High School Men in grades 11 & 12 who feel the Lord may be calling them to discern the priesthood. Begins at 9:00 am and ends at 3:00 pm. Lunch will be provided.

To Register:

<https://www.vocationstoronto.ca/hscomeseesee>

A suggested donation of \$25 is appreciated.
Payment by Credit Card, Cash or Cheque payable to Office of Vocations

Credit Card payments on line: see link above
Cash and Cheque payments in person on day of event

I love my
Catholic Moms Group.com
LOVE. LAUGHTER. MOMENTS OF GRACE.

**Calling All
Moms**

In the lead-up to Valentine's Day,
let's get together to discuss marriage and love.
Will you come and pray with us?

Wednesday, February 12, 2025

7:00 - 9:00 p.m.

St. Benedict Parish Hall

Advice for a Good Marriage:

Love is Shaped Like a Cross, Not a Heart.

Come join us for a cup of tea or coffee, prayer and fellowship.

RSVP: sbmgllead@gmail.com

The Italian Nonne are back!
Homemade Gnocchi and Pasta



Available on Demand

On these cold winter days,
warm up with your choice of homemade gnocchi or pasta,
handmade specially for you by our incredible team of Italian nonne.

Your choice. Frozen. Available on demand.

Call Silvana: 647-237-4264

Potato Gnocchi	\$25 / kilo
Pasta: Cavatelli or Strozzapreti	\$15 / kilo
Sugo (Homemade Tomato Sauce)	\$10 / L



Sunday February 9, 2025 - 5th Sunday in Ordinary Time



Mass with the Sacrament of the Anointing of the Sick and

Blessing Prayer for Caregivers
for those who work as health care professionals,
those who care for the sick: family members, friends

Tuesday February 11 / 10:00 am
in church

NO 8:00 am Mass

2024 Parish Tax Receipts
are being processed;
you will receive them in the mail on or before
Monday February 24th.

For contributions made online through our website or
through the Archdiocese of Toronto, your tax receipt will
be mailed to you directly from the Archdiocese.

Thank you for your donations.
We appreciate your generosity in supporting our Parish.

MASS SCHEDULE & INTENTIONS

To request a mass intention, contact Susan:
speresso@stbenedicts.ca/416-743-3830 X0

Monday, February 10

8:00am Maria Vy Thi Nguyen by Thiep Phuono Nguyen

Tuesday, February 11

NO 8:00am Mass

7:30pm Kata Jezovit by family

Wednesday, February 12

8:00am Living Intention for Maria Losiggio by ADMA

Thursday, February 13

8:00am Vincenzo Feudale by Silvana

Friday, February 14

8:00am Deceased members of the Antle family by Nellie McGlynn

Saturday, February 15

8:00am Mario & Nelson Pinto by David & Cathy Fobler & family

5:00pm Tony Pagliuca by family

Sunday, February 16

8:00am Mae & Ken Sutton by Sutton family

9:30am Amedeo Fortino by family (Ital/Ch)

9:30am Marion Connaughton by Connaughton family (Eng/Hall)

11:00am Ruth Fischer by Marianne Gaglia

12:45pm For the People

RIP

Rest in peace



Pray for the Dead

Bernie O'Hara & Luigi Alberton

May the souls of the departed rest in peace!

Pray for the Sick

Kindly remember the following people in your prayers:

Frank Losiggio, Mary Lynne Gallagher, Lidia Scaccia,
Cathy Proietti, Vincent Squassero, Alessio Ferreira, Steve
Cawthorne, Assunta Di Felice, Leona Bradbury, Benito &
Pasqualina Soscia, Mary LeBlanc & Mirvana Filippozzi

Parishioners wishing prayer from our parish family
are asked to call Susan Peresso: 416-743-3830.



Dynamic Women of Faith Catholic Women's Conference

Saturday March 22, 2025

9:00am - 4:00pm

Registration at 8:00am

The Old Mill

(Old Mill subway station)
(includes Light Lunch)



Closing Mass celebrated by
Most Reverend Robert Kasun CSB.

For more information:
call (416) 907-1042 or to register:
dwf2025.eventbrite.ca



LIFT JESUS
HIGHER RALLY



POWER FROM ON HIGH

Saturday // March 29, 2025 // 9AM-5:30PM

📍 Metro Toronto Convention Centre [North Building]



Cardinal
Thomas Collins
Archbishop Emeritus
of Toronto



Bishop
Scott McCaig



Fr. Rasto
Dluhy



Deacon
Larry Oney



Peter
Herbeck



Katey
Norman

JOIN US and experience why
thousands return each year...

Compelling Speakers • Inspiring Personal Testimonies • Powerful Praise & Worship Music
Prayer Ministry for Healing & Empowerment • Confessions
Chaplet of Divine Mercy • Eucharistic Adoration & Procession



Adult Rally \$39 early bird special (\$49 after Feb. 1)

Youth Rally \$25

For tickets and information, visit www.LJHR.ca.

For sponsorship and advertisement opportunities, contact us at contact@LJHR.ca.

Last Week's Collection

Sunday Offering (envs & loose only): \$7,186

Debt Repayment (envs & loose only): \$3,864

Thank you for your ongoing generous support!

SUNDAY
MISSAL

2024-2025



SUNDAY
MISSAL
for YOUNG
CATHOLICS



SUNDAY MISSALS

ON SALE IN THE PARISH OFFICE
(limited quantity left)

\$5.50 ADULTS \$10.00 YOUTH